

## Our difference

1. No Risk Flexible Membership: Our goal is to put fitness first, not money first. When we sign you up - we look after you. We back this up by having no contracts, you are only committed to paying month to month.

Riverside Fitness dispenses with the outdated philosophy that locking people into long-term memberships will ensure their patronage. Our mission is that you'll keep coming back to Riverside because you WANT to, not because you have to. When you have finished at Riverside Fitness all you need to do is tell the staff you are finishing. No mucking you about, no formal letters required.

2. Small enough to care: Riverside Fitness is a unique private gym that keeps membership capped at 300 members. You experience continuous personal attention, not just when you first walk in the door.

3. We charge a flat rate with no hidden fees: We develop a personally tailored fitness program with you that we review and update every 6 weeks - all included in our low membership fees.

4. Riverside Fitness is a family business: Eli and Michael are the owners, managers and trainers - bringing years of experience and personal attention to help you reach your fitness goals. Michael is the director of World Tennis and has coached tennis athletes with world rankings within the top 200.

You can check us out for free too. Riverside Fitness welcomes all enquiries by way of our FREE initial consultation and review (traditionally valued at \$90).

Come and see for yourself.